



'EXPLORING THE ORIGINS OF THE ISRAEL-HAMAS CONFLICT'

DELVE INTO THE ROOTS OF THE RECENT CONFLICT, TRACING BACK 75 YEARS TO THE ESTABLISHMENT OF ISRAEL AND THE EMERGENCE OF HAMAS IN 1987. JOIN US AS WE UNRAVEL THE COMPLEX HISTORY SHAPING THE STRUGGLE FOR OWNERSHIP IN THE REGION BETWEEN THE JORDAN RIVER AND THE MEDITERRANEAN SEA.

WITH:

BASSEM EID



THE Friends of Israel
GOSPEL MINISTRY CANADA



SATURDAY, FEBRUARY 10, 2024

7:30PM - 9.00 PM

BETH JACOB SYNAGOGUE
4715 MCTAVISH ST. REGINA

TICKETS: \$20.00



**BUILDING OUR COMMUNITY
ONE CUP OF COFFEE
(AND COOKIES) AT A TIME**

Thursday, February 22, 2024

4:30 - 6:00 pm

Beth Jacob Social Hall

4715 McTavish Street

(Please use the North door)

Get to know each other better.

Find out more about our community.

Bring questions that are not answered by media.

**Discover a place where we can be safe
and feel that we belong.**

**Help develop a place of no judgement,
Where there is no us and them, only friends...**



I DON'T NEED THERAPY...
ALL I NEED IS

KRAV MAGA

**ON
SUNDAYS | 4 PM | BJS GYM**

**FOR MORE INFORMATION:
PROGRAMEDUDIRECTOR@BETHJACOBSYNAGOGUE.COM**



CHAIR YOGA

JOIN US FOR A REJUVENATING CHAIR YOGA CLASS THAT WELCOMES ALL AGES AND ABILITIES! DISCOVER THE AMAZING BENEFITS OF GENTLE YOGA POSTURES AND STRETCHES, DESIGNED TO IMPROVE FLEXIBILITY, PROMOTE RELAXATION, AND ENHANCE OVERALL WELL-BEING. THIS INCLUSIVE CLASS IS TAILORED FOR EVERYONE, IF YOU CAN SIT IN CHAIR YOU CAN DO CHAIR YOGA! DON'T MISS OUT ON THE CHANCE TO FIND BALANCE AND HARMONY IN BOTH BODY AND MIND. RESERVE YOUR SPOT NOW!

Date of beginning will be given upon registration
BJS Gym
led by Sacha Wolfson

FOR MORE INFORMATION AND REGISTRATION:
PROGRAMEDUDIRECTOR@BETHJACOBSYNAGOGUE.COM

